

# LSBME Athletic Trainers Advisory Committee Meeting Minutes

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Alexandria, LA

12/22/16

1. Attending members – BJ Duplantis, JD Dunavant, Alex Dibbley, Lani Litchfield, Dr. Michael Leddy  
Others in attendance – Shelly Mullenix
2. Meeting commenced at 5:15 pm with committee chair BJ Duplantis thanking Dr. Leddy for hosting the meeting and welcoming Lani Litchfield as the committee's newest member.
3. BJ updated the committee on his conversation with Dr. Mouton regarding athletic training issues and potential changes.
4. Discussion of dry needling modality use:
  - Review of protocols and consent forms some places have developed or adopted.
  - Anyone performing dry needling has to be suspended until further notice due to invasive nature, pending continuing review by the Board.
  - Dr. Leddy compared use by ATs under direct medical supervision with a working diagnosis vs. PTs who use dry needling in many cases without medical oversight.
  - Discussion of educational competencies and training required to use this modality.
  - Division I university may be the model location to develop dry needling into wider use due to prevalence of medical doctors in the setting who oversee athletes' healthcare.
  - Not likely to be used in other settings such as high schools unless in a Saturday morning clinic with direct medical oversight.
  - Shelly Mullenix was recognized and given an opportunity to speak on behalf of the use of Dry Needling.
  - She provided a brief history of what has transpired so far in communications with the Board, provided details on how to use the modality responsibly, as well as anecdotal success stories. She also answered questions from committee members.
  - The committee was in full support of seeking Board approval for the use of dry needling under strict protocols and guidelines.
  - Shelly exited the room after the topic was exhausted and thanked us for the opportunity to speak.
5. Discussion of sports medicine residency program for athletic trainers at Ochsner Institute
  - Brief history of the proposed idea from its beginning as a physician extender program
  - Review of the position description, qualifications, and duties necessary for applicants to enter into and complete the program.
  - BJ updated committee on future plans for the program, including presentation of information on the proposed program.

- The committee was informed the former LSBME Exe director Dr. Marrier is now working for Ochsner and was the one who made sure this proposed program sought out the AT Advisory committees input before seeking Board approval.
  - The committee was in full support of the program as another utilization of athletic trainers' knowledge and skill set.
6. Committee went into executive session at 6:15 pm
  7. Executive session ended at 6:35 pm and floor was opened for any new business. No new business was brought to the committee.
  8. Discussion of being a more proactive committee concerning scope of practice issues
    - Brief discussion on how we can better anticipate upcoming issues regarding scope of practice and modality use in athletic training.
  9. Discussion of reports of ATs practicing without a license or with expired license
  10. Discussion regarding meeting times for the future
    - Difficult at this time to set a standard meeting time/date due to variety of schedules.
    - Meetings will be on an as needed basis
  11. Lani Litchfield will be in charge of updating committee on any news relating to athletic trainers as it relates to the LSBME.
  12. At 6:45, BJ asked for a motion to dismiss the meeting. Lani motioned to dismiss, Alex 2nded the motion.